

# LET'S TALK... about Safe Storage and Disposal of Medications

## HOW TO SAFELY DISPOSE OF UNUSED OR EXPIRED MEDICINE

The best way to dispose of most types of unused or expired medicines (both prescription and over the counter) is to drop off the medicine at a drug take-back site, location, or program immediately.

If you cannot get to a drug take-back location promptly, or there is none near you, and your medicine is on the FDA flush list, your next best option is to immediately flush these potentially dangerous medicines down the toilet.

If not on the flush list, you should follow these instructions to discard the medicine in your trash at home.

### Drug Take-Back Locations

- Crawford Co. Sheriff
- MMC | Liberty ED Entrance
- West Mead Police
- State Police | Meadville
- Conn. Lake Police
- Cambridge Springs Police
- Linesville Police
- Jamestown Pharmacy
- Care-Fill Pharmacy
- Medicine Shoppe | Greenville
- Titusville Police

- Mix medicines (do not crush tablets or capsules) with an unpalatable substance such as dirt, kitty litter, or used coffee grounds.
- Place the mixture in a container such as a sealed plastic bag
- Throw the container in your household trash
- Scratch out all personal information on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable; then dispose of the container.

**Go to [LetsTalkHelps.com/disposal](https://www.lets-talk-helps.com/disposal) for more information**

**In lieu of being able to dispose of the following prescription medications at the aforementioned drug take-back locations, the FDA advises flushing the following medications as soon as you no longer need them or are using them.**

Any drug that contains the words:

buprenorphine • fentanyl • hydrocodone • benzhydrocodone • hydromorphone • meperidine  
methadone • morphine • oxycodone • oxymorphone • tapentadol

Drugs That Do Not Contain Opioids:

sodium oxybate(s) • diazepam rectal gel • methylphenidate transdermal system

# RESOURCES FOR SUBSTANCE USE DISORDERS (SUD)

**LET'S TALK...**  
overcome addiction

Let's Talk... about how you or someone you love can get into recovery from Substance Use Disorders (SUD) or Alcohol Use Disorders. Let's Talk... Overcome Addiction is a campaign started by the Meadville Medical Center Foundation to address this pressing health issue in our community!

**Visit [LetsTalkHelps.com](http://LetsTalkHelps.com) or call (814) 333-3916 to learn more.**



Crawford County Drug & Alcohol Executive Commission is Crawford County's Single County Authority. They provide inpatient treatment referral and funding, outpatient services, medication for Opioid Use Disorders (OUD), naloxone, and prevention services.

**Call (814) 724-4100 or 1 (844) 643-5766 or visit [CCDAEC.org](http://CCDAEC.org)**



Not One More | Northwest PA is a local non-profit focusing on supporting persons with substance use disorders and their loved ones. Not One More's mission is raising substance use disorder awareness, providing support and resources for our community, promoting recovery, and preventing drug abuse in Northwest Pennsylvania.

**Learn more at [nomnwpa.org](http://nomnwpa.org)**



The Substance Abuse and Mental Health Services Administration is a branch of the U.S. Department of Health and Human Services. It is charged with improving the quality and availability of treatment and rehabilitative services in order to reduce illness, death, disability, and the cost to society resulting from substance abuse and mental illnesses.

**Learn more at [samhsa.gov](http://samhsa.gov) or call 1 (877) 726-4727**

## PHONE NUMBERS

Local 24/7 Drug & Alcohol Hotline | 1 (844) 643-5766  
Local Mental Health Crisis Hotline | (814) 724-2732  
Local Domestic Violence Hotline | 1 (888) 881-0189  
Local Let's Talk... Recovery Helpline | (814) 333-3916  
Alcoholics Anonymous Phonenumber | (814) 337-4019  
Narcotics Anonymous Hotline | 1 (888) 251-2426

## PAMPHLETS

Local NA | [nwpana.org/list](http://nwpana.org/list)  
Local AA | [nwpaaa.org/list](http://nwpaaa.org/list)  
Local Services | [nomnwpa.org/list](http://nomnwpa.org/list)  
More | [LetsTalkHelps.com/list](http://LetsTalkHelps.com/list)