

### Just For Today

Tell yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

### PHONE NUMBERS

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### MEETING KEY

- AB Ask-It-Basket
- BT Basic Text
- C Closed
- D Discussion
- HCP Handicapped Accessible
- JFT Just For Today Meditation
- LIT Literature study
- M Meditation
- MT Multi-Topic
- NC Newcomer
- O Open: Non-addicts welcome
- S Speaker
- TS Topic Speaker
- V Varied meeting format
- x Times per month
- 12x12 Steps & Traditions study



### Narcotics Anonymous MEETING SCHEDULE

For meetings in Erie, Millcreek & Erie County

**Printed  
April 2018  
(updated every 3 months as needed)**

**PROVIDED BY  
LEANA**

Lake Erie Area of Narcotics Anonymous  
PO Box 893 Erie PA 16512

For more information about NA, meetings in the Tri-State region or if you need to talk to someone, you can call the  
**Tri-State Regional Helpline**  
**Toll free**  
**1-888-251-2426**  
**Answers 24 Hours**

## MONDAY

**6:30-8 PM Freedom of Choice**  
First Presbyterian Church  
250 West 7<sup>th</sup> St. Erie 16501  
D/S  
HCP

**7:30-8:30PM Principles B4 Personalities**  
Lamb of God Church  
606 E. 38<sup>th</sup> St. Erie 16504  
V; Lit; D

**8-9 PM Just For Today**  
Fairview Presbyterian Church  
4264 Avonia Rd. Fairview 16415  
D

**9-10 PM No Matter What**  
Messiah Lutheran Church  
2025 Eastern Ave. Erie 16510  
O; D

## TUESDAY

**12-1 PM Miracles Happen**  
Kingsley United Methodist Church  
913 Cranberry St. Erie 16502  
BT

**7-8 PM Literature Discussion Group**  
Christ United Methodist Church  
2615 W. 32<sup>nd</sup> St. Erie 16506  
Lit; HCP  
HCP (Basement)

**7-8:30 PM Keep the Faith**  
Antioch Missionary Baptist Church  
160 W 20th St, Erie, PA 16502  
D; AB; V

**7:30-8:30 PM Come As You Are**  
First Presbyterian Church  
250 West 7<sup>th</sup> St. Erie 16501  
HCP  
D/S; NC

**8-9 PM Never Alone**  
First Presbyterian Church  
112 W 3<sup>rd</sup> St. Waterford, PA 16441  
HCP  
O; Lit

## WEDNESDAY

**5:30-7PM Alive and Free**  
First Presbyterian Church  
250 West 7<sup>th</sup> St. Erie 16501  
V; O  
HCP

**7-8:00 PM Inner Peace**  
Holy Trinity Church  
643 W. 17<sup>th</sup> St. Erie 16502  
12&12  
Sx1

## WEDNESDAY (Continued)

**8-9 PM Without Parallel**  
Christ United Methodist Church  
2615 W. 32<sup>nd</sup> St. Erie 16506  
V; S wk 4  
HCP (Basement)

## THURSDAY

**12-1 PM Vigilance Group**  
First Presbyterian Church  
250 West 7<sup>th</sup> St. Erie 16501  
D/S  
HCP Lit; D; Sx1

**6:30-8 PM 12 Step Spiritual Thang**  
Antioch Missionary Baptist Church  
160 W 20th St, Erie, PA 16502  
D; AB; V

**7:30-8:30PM Vision of Hope**  
Westminster Presbyterian Church  
3642 W. 26<sup>th</sup> St. Erie 16506  
V  
HCP (Rear Entrance)

**7:30-8:30PM I am a Survivor**  
Women's Meeting  
Presbyterian Church  
250 West 7<sup>th</sup> St. Erie 16501  
V  
D/S HCP

**7:30-8:30PM Men's Meeting of N.A.**  
Glenwood U.M. Church  
2931 Myrtle St.. Erie 16508  
D/S, HCP

**7:30-8:30PM Never Too Late**  
First United Presbyterian Church  
4281 Rt. 6N, Edinboro 16412  
O;D

## FRIDAY

**6:30-8 PM Welcome Home You're Not Alone**  
Morning Star Baptist Church  
327 E. 23<sup>rd</sup> St. Erie 16503  
O; V

**7-8PM Just Getting Started**  
First Presbyterian Church  
25 West Main St North East 16428  
Lit; O

**7-8 PM We Do Recover**  
Saint Teresa RCC Parish  
9 3<sup>rd</sup> Avenue, Union City, PA 16438  
Lit; D

**9-10 PM H.O.W.**  
Christ United Methodist Church  
2615 W. 32<sup>nd</sup> St. Erie 16506 (Basement)  
HCP  
AB; MT

## SATURDAY

**8-9AM Morning Clean**  
Glenwood United Methodist  
2931 Myrtle St Erie 16508  
O; D; JFT; M  
HCP Parlor room

**11AM-12:30PM Gratitude In the Hood**  
Morning Star Baptist Church  
327 E. 23<sup>rd</sup> St. Erie 16503  
D

**6-7 PM Source of Strength**  
Trinity United Methodist Church  
3952 Pine Ave., Erie, PA 16504  
M, D

**7-8:30 PM Another Look**  
Mental Health Association  
1101 Peach St. Erie 16501  
Lit D; Sx1  
HCP (Upstairs—Ring Buzzer)

**7:30-8:30 PM Creative Action**  
Lamb of God Church  
606 E. 38<sup>th</sup> St. Erie 1650  
Lit

**11:59PM-1AM Easy As 1, 2, 3**  
Westminster Presbyterian Church  
3642 W 26<sup>th</sup> St Erie 16506  
Lit  
O

## SUNDAY

**1:30-2:30PM Faith Works**  
Westminster Presbyterian Church  
3642 W 26<sup>th</sup> St. Erie 16506  
JFT,S wk 5  
D,HCP (Rear Entrance)  
From Memorial Day weekend through Labor Day,  
Meets at Stull Interpretive Center on Presque Isle

**6-7 PM The Journey Continues**  
Kingsley United Methodist Church  
913 Cranberry St. Erie 16502  
LIT

**7-8:30 PM Good Orderly Direction**  
Holy Trinity Church  
643 W. 17<sup>th</sup> St. Erie 16502  
D/Sx2

